**ASSESSMENT AND TREATMENT OF SUICIDALITY:**

**A PSYCHOLOGICAL APPROACH**

**Workshop Overview**

This workshop overviews current psychological theory, research and clinical approaches to managing suicidality in particular the Collaborative Assessment and Management of Suicidality (CAMS). This one-day workshop has been delivered to hundreds of mental health professionals, including psychologists, psychiatrists, psychotherapists, and counsellors. Having received overwhelmingly positive feedback, we are pleased to announce that the workshop will be offered in Holland on October 24th, 2017.

By the end of the workshop participants will:

• Be familiar with psychological theories of suicide and suicidal behaviour (i.e. Prof Thomas Joiner, Prof Edwin Schneidman, Prof Israel Orbach and Prof David Jobes)

• Have an introduction to and practiced the CAMS

• Be able to identify suicidal risk early in the clinical engagement and use the Suicide Status Form (SSF) to collaboratively assess suicidal risk

• Develop SSF-based suicide specific outpatient treatment plans that emphasize the development of a stabilization plan and the identification of suicidal ‘drivers’ as a focus of treatment

• Be able to prepare a stabilisation or crisis response plan

**Presenter**

Dr. Eoin Galavan is a Senior Clinical and Counselling Psychologist in the HSE, North Dublin Adult Mental Health Services. He is currently the Clinical Lead for the North Dublin Suicide Assessment and Treatment Service, and former team leader for the Evolve Dialectical Behaviour Therapy program, both of which are dedicated to treating suicidality and self harm within the public mental health services. Eoin works with suicidal individuals from a diverse range of backgrounds on a daily basis. Eoin is a highly experienced clinician in utilising the CAMS (Collaborative Assessment and Management of Suicide) model. He is a senior CAMS-care consultant and has trained hundreds of mental health professionals, counsellors and psychotherapists working with suicidal individuals. He has overseen the roll out of the CAMS model in mental health services, and supervised research examining the outcomes of these services. Eoin also works closely with the parents of suicidal young people in private practice. Eoin frequently delivers public talks, conference presentations and contributes to the media on the topic of suicide, and has published several articles about the CAMS. Dr Galavan is an experienced academic presenter having held lecturing posts in both University College Cork and Trinity College Dublin and presented at national and international conferences. He is currently clinical tutor on the Doctoral Training Program in Clinical Psychology, an Associate Fellow and Chartered Clinical Psychologist with the Psychological Society of Ireland, where he chairs the special interest group on suicide and self harming behaviour.

**Timetable**

**Morning**

09.00 - 10.30 Overview of the Psychology of suicide and suicidal behaviour (drawing on the work of Professors Thomas Joiner and Edwin Shneidman)

10.30 -11.15 Suicide and the therapeutic relationship (drawing on the work of Professors Israel

Orbach and David Jobes)

11.15 - 11.45 Pause

11.45 - 12.45 Introduction to the Collaborative Assessment and Management of Suicidality (CAMS) model (drawing on the work of Professor David Jobes). This is a comprehensive model of risk assessment, risk management and treatment planning with a solid evidence base for effectiveness. It is applicable in multiple settings ranging from mental health settings to private practice and counselling services.

12.45 -13.45 Lunch

**Afternoon**

13.45 - 14.45 Live demonstration of an initial CAMS and discussion of an initial CAMS session

14.45 – 15.00 Pause

15.00 – 17.00 Practice role play and discussion

Format includes presentation slides, video clips of expert therapists discussing and

engaging in therapy with suicidal patients, video clips of suicidal patients who have survived lethal suicide attempts, role play demonstration/practice, discussion and teaching.

Date: 24-10-17

Venue:

Time: 08.30am-5.00pm (08.30am registration, 09.00am start)

To book a place please contact: Remco De Winter MD PhD